Articles of Association (which we know were drafted before they were consulted) but which they have made no attempt to alter.

Next week, in justice to The British Journal of Nursing, we propose to prove that it is neither biassed nor inaccurate in its surmises concerning the fundamental policy of the promoters of the College of Nursing, Ltd.

Anyway, those members of the nursing profession in England, Scotland and Ireland, who are economically independent do not intend to submit to its Constitution, as so many ignorant young nurses have been persuaded by their employers to do.

## A CONVENIENT SHOPPING CENTRE.

Proprietors of Nursing Homes and private nurses in the Marylebone District will find in the establishment of Messrs. Gayler & Pope, 112-117, High Street, Marylebone, W., a convenient shopping centre, whether for materials for nursing uniforms, or for general shopping purposes. Those requiring furniture, whether for the equipment of nursing homes or its renewal, should inspect the varied stock of this firm.

### A POPULAR PUBLISHER.

Messrs. H. & K. Lewis, Ltd., of 136, Gower Street, and 24, Gower Place, W.C. I, publish a variety of literature popular with and useful to nurses, masseuses and midwives in connection with their work. In this connection we may mention "The Theory and Practice of Massage," with numerous illustrations by Miss Beatrice M. G. Copestake, Member of and Examiner to the Incorporated Society of Trained Masseuses.

## SOME VALUABLE FOODS.

Just now when the anxieties of the war are apt to bring many people somewhat below par, and rationing and considerations of economy restrict the diet, it is well to recall some of the valuable foods which we can utilise with advantage. for adults, children and infants. The Allenburys' Foods (37, Lombard Street, London) (Milk Food No. 1 and No. 2 and Malted Food No. 3) will be found most satisfactory in the feeding of infants, while their Diet is largely used and of proved value for invalid and aged persons.

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ROBINSON'S "PATENT" BARLEY (Keen, Robinson & Co., Ltd., London), for making barley water for diluting cow's or goat's milk for infant feeding is a preparation which midwives and nurses find invaluable, and nothing could be better than their "Patent" Groats, for preparing milk gruel and porridge for pursing mothers.

porridge for nursing mothers.

Benger's Food (Otter Works, Manchester) is an invaluable preparation in the dietary of invalids, a unique feature of which is that it is self-digestive and that the extent of the digestive process can be regulated to suit individual patients.

FALIÈRES' PHOSPHATINE (F. H. Mertens, 84, Holborn Viaduct, E.C. 1) is also a valuable food, which, associated with milk, is much liked by patients, while its food value is undoubted.

## APPOINTMENTS.

#### MATRON.

Welsh Hospital, Netley. — Miss Kathleen S. Stewart has been appointed Matron. She received her general training at the Royal Infirmary, Sunderland, and maternity training at the Royal Maternity Hospital, Edinburgh. She was subsequently district and ward Sister at the Deaconess Hospital, Edinburgh, and Night Superintendent and Housekeeping Sister at the Royal Infirmary, Sunderland. She has also been Housekeeping Sister at Charing Cross Hospital, Assistant Matron at the Royal Hospital for Sick Children, Edinburgh, and Matron of the York County Hospital. She was awarded the Royal Red Cross (2nd Class) in January, 1917.

Isolation Hospital and Sanatorium, Belvedere Road, Burton-on-Trent.—Mrs. A. Ellis has been appointed Matron. She was trained at the Royal Infirmary, Derby, and the Fountain Fever Hospital, Tooting, where she also held the positions of Ward Sister, Night Superintendent and Housekeeper. She has also been Matron of the District Hospital, Settle, and for the last five years of the Joint Hospital and Sanatorium, Smethwick.

Royal Surrey County Hospital, Guildford. — Miss R. A. Longland has been appointed Matron. She was trained at the Great Northern Hospital, London, where she has been Sister and Night Superintendent, and has also held the positions of Assistant Matron and Acting-Matron at the Royal Surrey County Hospital.

Tuberculosis Sanatorium, Pelsall Hall, near Walsall.—Miss P. Partington has been appointed Matron. She has previously been Matron of the Observation Hospital for Tuberculosis at Bury, Lancs.

### ACTING MATRON.

National Hospital for Diseases of the Heart, London.—Miss Cecilia Beaton has been appointed Acting Matron. She was trained at the Taunton and Somerset Hospital, and has been Sister at the General Infirmary, Worcester, and the County Hospital, Bedford, and Home Sister at Bolingbroke Hospital, Wandsworth Common.

# ASSISTANT MATRON.

Hendon Grove Asylum, Hendon, N.W. — Miss Elizabeth J. Thompson has been appointed Assistant-Matron. She has been on the Staff of the Prestwhich Asylum for fifteen years, and for the past two years has been Assistant-Matron of Palmerston House, Palmerston, co. Dublin.

### WARD SISTER.

Dudley Union Infirmary.—Miss H. Hollies has been appointed Ward Sister. She was trained at the Wolstanton and Burslem Union Infirmary, and is at present pupil midwife at Queen Victoria's Nursing Institute, Northampton.

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